

2018 GNYRC-ACSM Student Quiz Bowl

Saturday April 14, 2018

Queens College

Rosenthal Library

65-30 Kissena Blvd, Flushing, NY

Join us to be the next team to compete at the National ACSM Student Bowl in Minneapolis

Congratulations to last years winning team from York College for competing at the 2017 National ACSM Student Bowl in Denver

TEAMS AND FORMAT

1. Teams will consist of 3 undergraduate students representing institutions from the Greater New York Regional Chapter of the American College of Sports Medicine. Each institution can enter one team. Participating students must be available to compete in the student bowl at the ACSM National Meeting in Minneapolis, MN, on May 30, 2018. (Winning team will be sponsored by GNYRC-ACSM-See “Considerations and Awards”)
 - a. Each team member must be an undergraduate student enrolled in a degree program that would qualify for ACSM Professional Membership at the time of the competition.
 - b. Each team must be sponsored by a faculty member at the institution who will accompany the team to Student Quiz Bowl.
 - c. In the event that a student team member is unable to participate in the competition, it is permissible to substitute another student from the same institution if they meet the aforementioned criteria. Substitutions must be approved by the sponsoring faculty member and the emcee prior to the start of the competition.
2. There will be a judges’ table with 3 judges (University/College Faculty members representing the Greater New York Regional Chapter of the American College of Sports Medicine).
3. Team scorers will indicate correctness of answer and bring challenges to the judges.
4. There will be 1 timekeeper for the event keeping track of time intervals for each question.
5. There will be an emcee for the event who will ask questions, confirm answers and prompt scorer to credit each corresponding team with the right number of points.
6. Scoring is done using a spreadsheet. Scores are continuously updated and displayed for the audience. Team sponsor must immediately notify emcee in the event an error is observed.

RULES FOR QUESTIONING

1. The competition will be in a Jeopardy-style format.
2. Each team will have an equal chance to answer each question by writing the answer on a whiteboard when called by the emcee.
3. Every team answering the question correctly will receive the designated points identified with the chosen question. Teams will have 15 seconds from the time a question's reading by the

emcee is completed to display a written answer on their answer board.

4. The questions will be asked in 2 rounds- Jeopardy and Final Jeopardy. For Final Jeopardy, team will be required to state their wagered/risked amount prior to hearing the question. Their final score will be raised or lowered by the wagered amount depending on whether they answer the question correctly or incorrectly.

5. Three (3) judges will confirm answers and interpret answers in the event of ambiguity. They will discuss and decide as a group and rule with one voice. Judges' decisions on an answer's correctness will be based on the latest edition of the ACSM's Certification Review as well as other reliable references selected by the judges.

6. Content will address the following broad areas:

a. Cardiovascular Physiology

b. Muscle Physiology

c. Metabolism

d. Anatomy

e. Pathophysiology

f. Nutrition

g. Risk Factors

h. ECG

i. ACSM Guidelines

j. General Knowledge

ENTRY PROCEDURE

1. Team must be entered by [email](#) no later than 11:59pm on **April 1, 2018**.

2. The faculty sponsor must send an email with the students' names to GNYRC-ACSM Student Bowl Chairman Mark Caselli at: markcaselli@gmail.com. The email must indicate for each student on the team:

a. Name and email address

b. Major

c. Academic standing (freshman, sophomore, junior, or senior) and expected graduation date

d. Team name (for example "NY State University")

CONSIDERATIONS AND AWARD

Each team member and sponsor will receive tuition to attend the Greater New York Regional Chapter-ACSM 2018 Spring Meeting on April 14, 2018. The winning team will be sponsored by the Greater New York Regional Chapter to represent it at the National ACSM Student Bowl to be held at the ACSM Annual Meeting in Minneapolis, MN on May 30, 2018. The sponsorship will consist of a \$ 750 contribution per student (total of \$ 2250 for the 3 member team) to be used towards travel and lodging. The participants will also be granted tuition to attend the ACSM National Meeting. There may be additional expenses for participants and for schools of the team for travel/lodging/meals and incidentals.